

April 2019 Newsletter



Hull Unitarian Church

Chamberlain House, Park Street, Hull, HU2 8TA

Spring Outing - Visit to Pocklington Buddhist Centre, Friday 19th April

At the request of several members and friends, our Spring outing will be a visit to the Pocklington Buddhist Centre. We will leave from the church at 11.30 am and have lunch when we arrive before enjoying a tour of the centre and an introduction to their form of meditation. We expect to be back in Hull by about 5.00 pm. The full cost including tour fees, transport and lunch will be £15, but for those who regularly attend our church events on Thursdays, Fridays or Sundays, the cost will be £6, or pay what you can afford, as we will subsidise the costs from our relief of needs funds. Please RSVP in writing or by email and make your payment by 10th April, so that we can confirm our booking and finalise arrangements with the Centre.

Seeking your support

With this newsletter comes an invitation from our chairperson, Mavis Lake, asking for you to review what contribution you make to our church community. For those who are already contributing, we are not asking more of you but you may wish to review what you contribute, and our call will be to confirm and to say thanks. You will hear from a trustee or the Minister in the coming weeks but do not wait to be asked. If you feel unsure about volunteering, please be aware that your offer to be an active participant in our church community will be most welcome. Becoming involved through any of the many activities on hand will help you to feel more connected and a part of your caring spiritual community.

Mindfulness at Park Street

Every Thursday we gather from 2.00 pm for meditation from 2.30 pm to 3.20 pm followed by discussion and refreshments. Please see this month's subjects. Each event is guided so beginners are welcome.

Date	Leader	Topic
4th	Ralph Catts	Mindfulness
11th	Ralph Catts	Visualisation
18th	Ralph Catts	Loving Kindness
25th	Ralph Catts	Sound Meditation

Charity Coffee Mornings - Fridays 10.30 to Noon

Our coffee mornings are an opportunity for enjoyable refreshments and good fellowship. Funds raised are used for the relief of need in our community and to help to subsidise our next outing. In March our charity was the MS Society and we raised £76.92. Our next charity is Solar Aid on 12th April and this is being organised by Richard Winslow. There will be a raffle, and bric-a-brac for sale. Solar Aid provides power for villages in African countries which can transform the opportunities for education, commerce and health. If you cannot make it on the day, please consider a donation which we will pass on in full.

Book for Sale

Bernard M^cHugh is offering copies of his publication 'The Richest Man on Earth' for sale at £5 per copy with all proceeds to the Charity 'Sight Support'. Call Bernard on 849545 for your copy. The book is dedicated to Hilda Ormrod who was an inspiring blind Yoga teacher at Hull Unitarians for many years.

Unitarian Sunday Services in April at 11.00 am

The internet turns 50 on 7th April and we will reflect on its impact on spirituality. Easter is in April and that offers us an opportunity to approach Easter from a Unitarian perspective of appreciating the heritage of Jesus, the man. We will also welcome back Nick Morrice and Adie Wilson on 28th April.

Date	Worship Leader	Topic	Music
7th	Ralph Catts	The internet at 50	Graziana Precisse
14th	Chris Carr	Palm Sunday	
21st	Ralph Catts	Easter Sunday	
25th	Ralph Catts	ANZAC DAY	
28th	Nick Morrice	The Golden Thread	Adie Wilson

ANZAC Day Ceremony

Join the Lord Lieutenant of the East Riding of Yorkshire and the Deputy Mayor of Hull and other guests in a commemoration of ANZAC Day. The word ANZAC stands for Australian and New Zealand Army Corp and is the day on which Australians and New Zealanders commemorate all who have suffered and died in wars. It is due to Hull Unitarians that our city joins other major cities in the UK including London, Edinburgh and Manchester in holding an official ceremony on this date each year.

Membership of Hull Unitarians

If you regularly attend any of our activities on Thursdays, Fridays or Sundays for 6 months or more, and you are in agreement with our objectives of becoming a caring spiritual community, and helping others, then you can apply for membership. There is no fee but all members are required by our constitution to '*undertake the responsibilities of maintaining the Church where possible by attendance, activity and regular financial contributions*'. Please speak with Ralph or a trustee for further information.

Dates for Your Diary

- 31st March** Ministerial Advisory Committee (after the church service)
- 9th April** Hull & East Riding Interfaith Annual Meeting at The Guildhall
Topic: ***How people express their sense of the sacred or the meaning of life***
- 12th April** **Charity Coffee Morning** Raising funds for Solar Aid. See <https://solar-aid.org/>
- 14th April** Trustees Meeting
- 19th April** Our Spring outing to Pocklington Buddhist Centre, leaving the church at 11.30 am
- 25th April** ANZAC Day ceremony at the Paragon Cenotaph. 11.00 am with refreshments at the church
- 12th May** **Re-opening the Chalice Garden**

Blessings, Revd Dr Ralph Catts and Chris Carr, Secretary

How to Contact Hull Unitarians

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